
NEWSLETTER February 2024



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Has anyone noticed that it's getting lighter at night? It's so nice to feel that winter is coming to an end, and to see the daffodils, crocuses and snowdrops coming up!
There have been lots of things going on in the centre too, read on to find out more!



Many happy returns to Liam, Robert, Lynsey, Aiden and Jean!!



Upcoming Events

Dates for your Diary

Closed

Friday 29th March and
Monday 1st April
Easter weekend



Drumchapel Arts Workshop



The service users have recently started attending D.R.A.W and are thoroughly enjoying their time there, these are some of the photos taken when they're there....



Hopefully We'll be able to show you some of their finished Artwork soon...



Liam and Mark have been busy making a new sign. These photos are of the installation of it on our new fence. This has been a great outcome for Liam.

This is it on its way out of the building, thankfully there were no mishaps on its way to its new site.



Liam making sure Mark and David have it in the correct position.....



"Left a bit, right, right a bit, that'll do it there!"

Mark and Liam fixing
the sign to the fence...



Its looking very good!



Ta Dah!!!! The finished item!

It looks fantastic! What a great job everyone has done!!





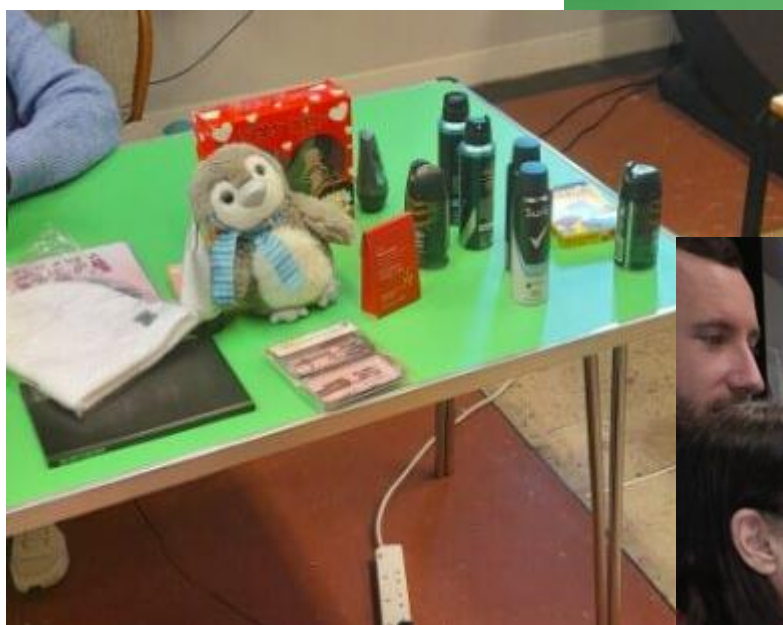
Robert watching his “Books”



Katie and Theresa keeping an eye on their “books”



Some of the bingo prizes.....



Katie having a go at “calling the numbers”.





Colette getting ready to make pancakes for Shrove Tuesday.....



With Jordan aiding and abetting...



It's looking good so far....

It certainly looks like the pancakes went down well



Mark and Carly both getting tucked in!



A new Young Peoples service which is call “Antonine All Stars” has been introduced. We hope that their parent’s, carers, and all of our Day service folk enjoy seeing what they are up to during their time here!



Lyle enjoyed taking part in ten pin bowling, at first, he wanted to watch but soon changed his mind and decided to take part. After lots of encouragement Lyle joined in and he loved it! He enjoyed counting the pins to see how many he managed to knock down.



He then used the building blocks to build a tower, telling the staff what colour the blocks were as he was building.



This is Matthew he loves to use the treadmill to keep fit!

Micko and Gordon enjoyed a break from activities and had their favourite food for dinner.





Plans to redevelop day centre in Drumchapel to offer more places.

Proposals are underway to construct a new building that will offer additional places.

Antonine Court caters to adults with disabilities in West Glasgow, and East and West Dunbartonshire.

The day centre provides activities, rehabilitation, and support to adults with complex needs, including physical and learning difficulties.

Carol Monaghan, MP for Glasgow Northwest, visited on Thursday, February 8.

Speaking afterwards, she said: "Today was an opportunity to see first-hand the vital work performed at Antonine Court to support those living with disabilities and their families, enabling individuals to lead more fulfilling lives.

"I was very excited to hear about the new plans to rebuild the centre so that more people can take advantage of its services. I am proud that such outstanding services are available in Glasgow Northwest to people from the local area and beyond."

The daily service caters for up to 25 people and is delivered by expert staff.
The centre, founded in the 1990s using EU financial aid, employs 29 people.

(Sourced from Clydebank Post)

Our latest TikTok was a video featuring one of our service users Liam, who has autism and has limited communication, he expresses his communication through singing.

This moment was captured and has since gone viral with over 90,000 views.

It is truly an amazing outcome for our Liam and shows the support which is out there in caring for individuals and raising awareness of various learning disabilities and showing their abilities and potential. Apart from that it's just heartwarming and a beautiful outcome.



You can see it if you visit our TikTok page. The links to our social media are given below:

TikTok @antoninecourt

Instagram @antoninecourt

Facebook @antoninecourt

Twitter/X @antoninecourt



Let me tell you about a partner organisation we have worked with for over 10 years.

As an organisation we try to partner up where possible, for instance just now we are partnering with DRAW in Drumchapel for art classes.

FareShare is a UK-based charity organisation. It focuses on redistributing surplus food to charities and community groups across the whole of the United Kingdom. Their aim is to fight hunger and tackle food waste by collecting food that would otherwise not be used/sold from the food industry and redistributing it to those in need. We pay them annually for our deliveries, FareShare plays a crucial role in addressing food poverty and promoting sustainability by ensuring that surplus food is put to good use rather than being thrown away.

Antonine's mission (as a registered Social Care charity) while working in partnership with Glasgow City Council and West Dunbartonshire Council Social Work services, plus Glasgow's learning disability teams, is to ensure that we offer access to all and a holistic, therapeutic, enabling, safe environment, that encourages the people we support, both within Antonine Court and the wider community, to receive support that meets the guidance outlined within the Health and Social Care standards 'MY Support, My Life' (*published 9 June 2017*).

Part of this is to participate in healthy lunches and snacks as well as cooking groups, which FareShare help us to provide through weekly deliveries. We distribute any excess to the local food bank in Knightswood to help food insecurity.

Social evenings have been in some thanks to 'Fairshare' and the food they provide as well as "extra" deliveries when they know we have big celebrations on like our 30th Birthday Party or the 'Panto'.

We provide approx. 40 lunches per day to all service users and staff, assisting with across the spectrum with cost-of-living crises. Food waste is kept to a minimum through re distribution and through cooking classes held within the centre.

We hope to continue to work with FareShare into the future as they have been an invaluable resource to us. Allowing us to keep a check on our daycare costs and providing free breakfast, lunch, and snacks to all the important people who contribute to the success we are achieving at Antonine.

Louise Lawson



Hi, my name is Vivienne, and I am currently on placement within Antonine as the student social worker until the middle of May. Please get in touch if there is anything I can help you with.

Thanks

Viv

If you would like to tell us about your experience of our service, you can do this by: -

- Completing this leaflet and sending it to us or
- Telephoning on 0141 944 6393 or
- Email your feedback to us at admin@antonine.org

Your Feedback

Please tick the relevant boxes

- ☐ Compliment
- ☐ Comment
- ☐ Concern
- ☐ Complaint

Have we received feedback about this before? ☐ Yes ☐ No

Would you like us to respond to you about your feedback? ☐ Yes ☐ No

What would you like to say about the service you received?

Date: _____