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# NEWSLETTER January 2024

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We hope you had a lovely time with families and friends and took some time to recharge your batteries over the festive period.

As usual there were lots of things happening in the centre, so, read on to find out all about them.....

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## Upcoming Events

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5<sup>th</sup> June 2024  
and  
18<sup>th</sup> October 2024



Many Happy returns to Jean, Shirwan and Alexander!



When we came back from the Festive break it was all guns blazing in preparation for events happening in the centre. So, service users and staff were busy making and hanging decorations for the centre.

This is Carly cutting some strips of tartan for

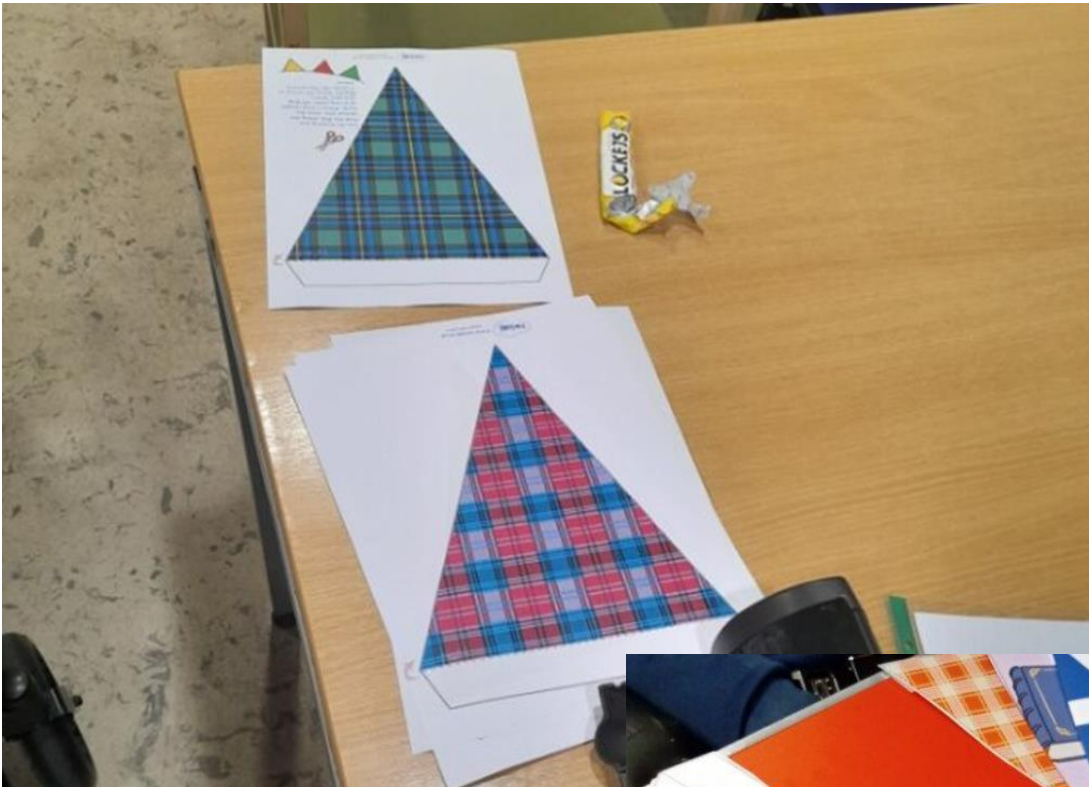


paper chains.



Hugh making flags for bunting.





Some tartan flags for bunting

Some more Scottish themed images....



Some pictures of the finished bunting and decorations put up in the centre....



It all looks great!







Jenny patiently waiting for her lunch, which will of course be Haggis, Neeps and Tatties.....

Jackie and Sandra making sure everyone has our other national drink – Irn Brew of course!



## Address to a Haggis

by Robert Burns

Fair fa' your honest, sonsie face,  
Great Chieftain o' the Puddin'-race!  
Aboon them a' ye tak your place,  
Painch, tripe, or thairm:  
Weel are ye wordy of a grace  
As lang 's my arm.

The groaning trencher there ye fill,  
Your hurdies like a distant hill,  
Your *pin* wad help to mend a mill  
In time o' need,  
While thro' your pores the dews distil  
Like amber bead.

His knife see Rustic-labour dight,  
An' cut ye up wi' ready slight,  
Trenching your gushing entrails bright,  
Like onie ditch;  
And then, O what a glorious sight,  
Warm-reekin, rich!

Then, horn for horn, they stretch an' strive:  
Deil tak the hindmost, on they drive,  
Till a' their weel-swail'd kytes belyve  
Are bent like drums;  
Then auld Guidman, maist like to rive,  
*Bethankit* hums.

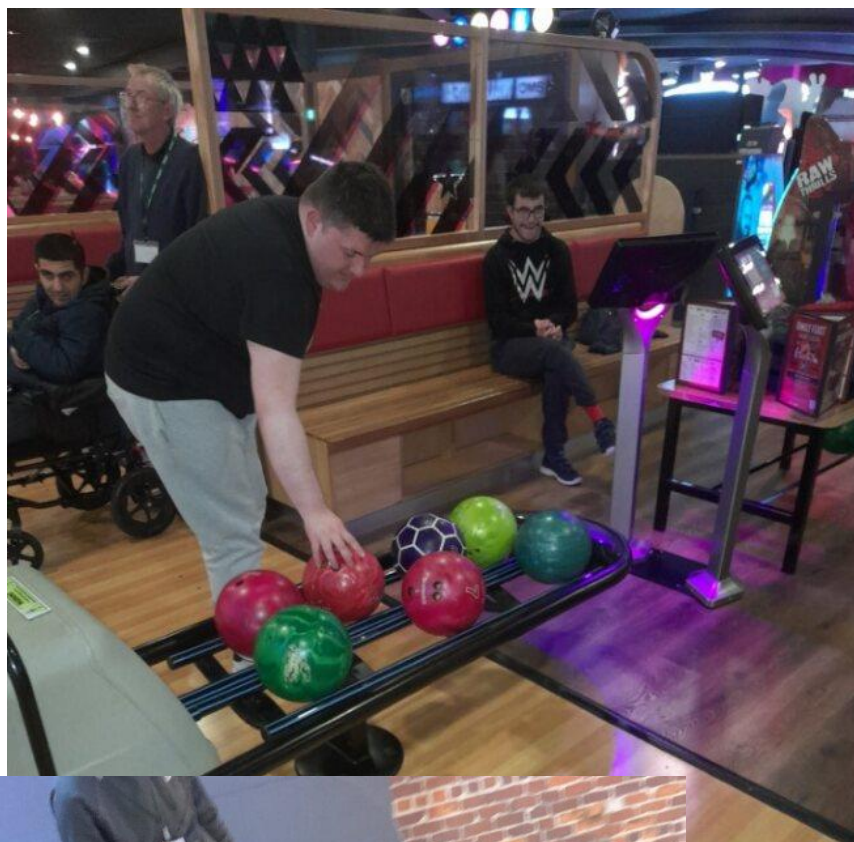
Is there that owre his French *ragout*,  
Or *olio* that wad staw a sow,  
Or *fricassee* wad mak her spew  
Wi' perfect sconner,  
Looks down wi' sneering, scornfu' view  
On sic a dinner?

It wouldn't be Burns  
day with out the  
Address to a  
Haggis..

Which was ably  
recited by Tyler,



Some of the service users regularly go to Ten pin Bowling, here a some pictures of one of their visits in January.....





This is Aidan taking part in the music group. Shake that maraca!

David with the handbells....





This is Neil taking part in the mosaic group, looks like he's making a gift for St Valentines Day.....



It would appear that the guys in Antonine are very romantic!



Rhona making a heart for her Valentine....





**If you would like to tell us about your experience of our service, you can do this by:-**

- ## Your Feedback

- ☐ Compliment
- ☐ Comment
- ☐ Concern
- ☐ Complaint

Would you like us to respond to you about your feedback? ☐ Yes ☐ No

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