
NEWSLETTER 2022



**Antonine
Court Ltd**

Promoting dignity, opportunity & inclusion

Antonine Court, 30 Dunkenny Road, GLASGOW. G15 8LH
WWW.ANTONINE.ORG T: 0141 944 6393

My goodness how time flies! Halfway through the year already! Not that it makes much difference in Antonine Court, because we've always got loads going on!

At the end of the newsletter there are 2 leaflets giving details of the service user activities, if you'd like to know more about them please don't hesitate to contact your Keyworker.

Happy Birthday

Neil Carmichael!



Upcoming Events

**Dates for your
Diary!**

Closed

18th July

Glasgow Fair!

28th July

Staff Training

30th July

Summer Sizzler!

£2.50 per ticket

**(Contact
Management
Office).**

**Buffet, Karaoke,
Tombola and raffle
please come
along and join the
fun!!**



Even though the weather isn't always kind to us the gardening group still manage to keep Antonine's grounds looking nice! And the service users are well protected from the weather!

Hugh on the left!

Mark on the right!



Support Workers
Mark and David
re-locating what
looks like
bamboo?
(Answers on a
postcard please).
With Alan and
Mark in the
background, ably
supervising!



Is it bamboo?



Unfortunately, the trees that were in our carpark had to be taken down because they were damaging the mono block and wall, also we needed the extra parking spaces.

As you can see it took a fair bit of work for David McGorm our Maintenance man!



On the right, Helen, Sandra and Megan all taking part in our Tai Chi group, Go ladies!!



Below we have Jean and Jenny who look to be having a fabulous time!





Not to be
outdone by the
ladies the guys
take part too!
Neil on the left
and Ryan below!

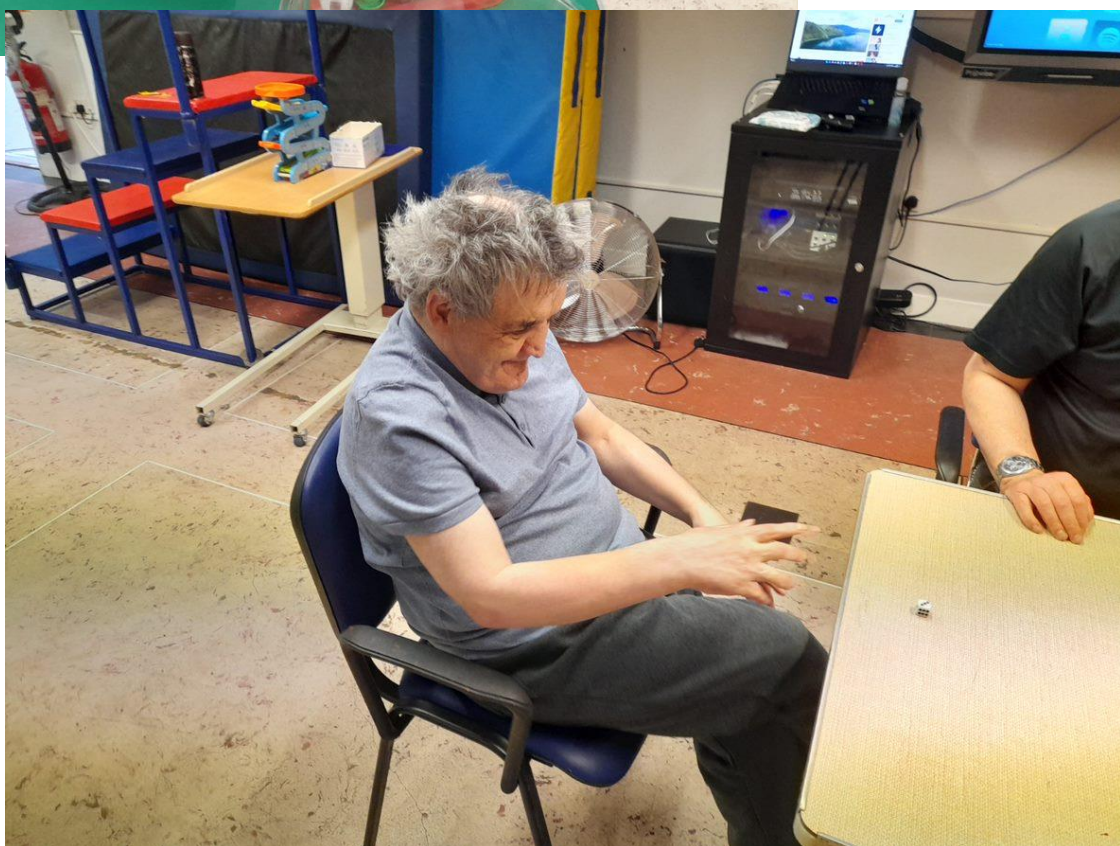
Anything the ladies can do the guys
can do better – well, maybe not?



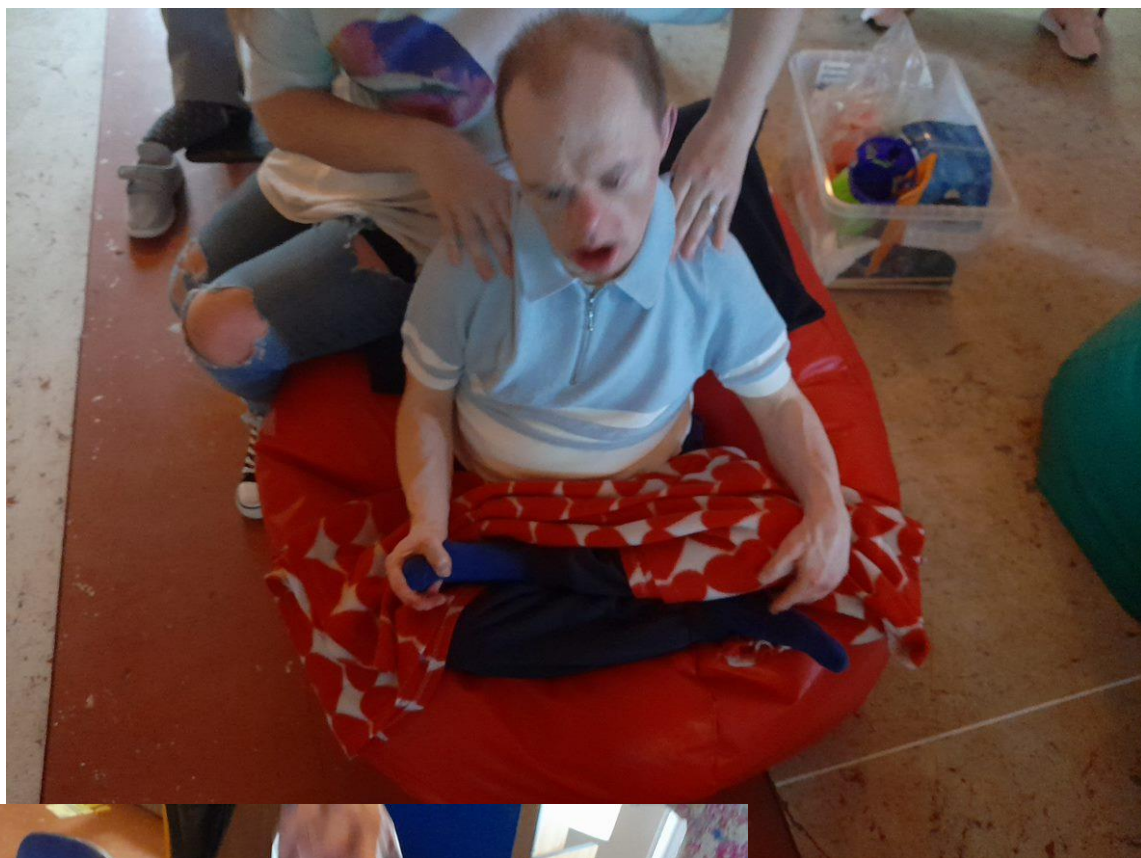


Hugh in the men's group.

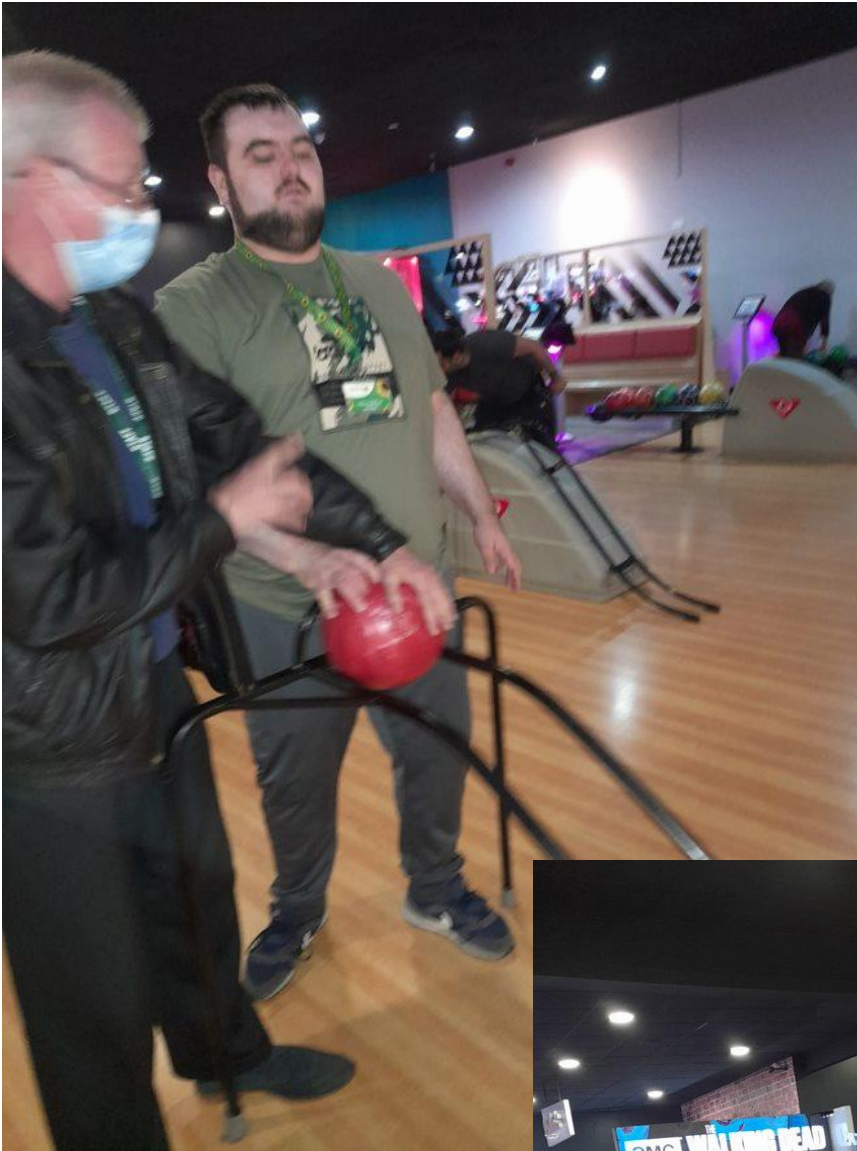
Richard throwing the dice.....



Wee John
having a
shoulder
massage....



Hugh having a head
massage. I'll bet they
all had a great night's
sleep that night!



Of course our outside activities carried on. This is Dylan at the 10 pin bowling with Tam.

Alan and Liam waiting for their turn.





Roberta and Katie taking part in the arts and craft group.

Katie with Paul showing off some of the group's work....



Have your say

If you would like to tell us about your experience of our service you can do this by: -

- Completing this leaflet and sending it to us or
- Telephoning on 0141 944 6393 or
- Email your feedback to us at admin@antonine.org

Your Feedback

Please tick the relevant boxes

□ Compliment

□ Comment

□ Concern

□ Complaint

Have we received feedback about this before?

☐ Yes

☐ No

Would you like us to respond to you about your feedback? ☐ Yes

☐ No

What would you like to say about the service you received?

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Date: _____





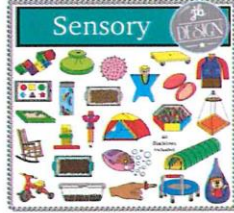



Activities Programme

Morning

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Music Group</p>	 <p>Story Telling</p>	 <p>Sewing/</p>	<p>Bowling</p>	<p>Cartoon Time</p>
 <p>Clay Making</p>	 <p>Mosaic</p>	 <p>Rebound Therapy</p>	 <p>Physio</p>	 <p>Tai Chi</p>
<p>Walking group/ arts And crafts</p>	 <p>Rebound Therapy</p>	 <p>Clay Making</p>	<p>Circuit/Exercise Group</p>	 <p>Arts & Crafts</p>
		 <p>Sensory Room</p>		<p>Gardening/ Maintenance Group</p>

Activities Programme

Afternoon

Monday	Tuesday	Wednesday	Thursday		Friday
 <p>Literary skills</p>	 <p>Arts & Crafts</p>	 <p>multi-sensory</p>	<p>Pampering group</p>		<p>Brain teasers</p>
 <p>Aromatherapy with Colette</p>	 <p>Sensory Room Massage therapy Jewellery making</p>	<p>ladies group</p> <p>Drama group until July</p>	 <p>Men's Group</p>		
<p>Soft room physio</p> <p>Slow exercise group</p>	 <p>Cycling</p>	<p>Chimes</p>	<p>physio</p> <p>sensory room</p>		<p>Sensory room</p> <p>Fun singing Group</p>



6.30pm Till 10.00pm